

ABSC SENIOR CIRCUIT MEET

JANUARY 7th - 9th, 2011

- SANCTION BY:** Georgia Swimming, Inc., Sanction #
- HOST CLUB:** **Athens Bulldogs (ABSC)** www.athensbulldogs.com
- MEET DIRECTOR:** Jonathan Foggin (ifoggin@uga.edu)
- MEET REFEREE:** Kathleen Schmaltz (kathleenschmaltz@rocketmail.com)
- SAFETY MARSHALL:** Adam Sasso (aesasso@gmail.com)
- FACILITY:** The University of Georgia's Gabrielsen Natatorium (an 8 lane 25 yard competition pool with a 10 lane warm-up pool). A Colorado Timing System and 8 lane scoreboard will be used during competition. 1000 seats on bleachers provide ample seating, and parking is available in UGA's East Campus Deck.
- ELIGIBILITY:** Open to all swimmers registered with USA Swimming who have achieved the required time standard for each event entered.
- RULES:** Current USA Swimming rules will govern the conduct of this meet, unless otherwise noted herein. Swimmers are responsible for swimming in the correct heat and correct lane.
- FORMAT:** All events will be conducted on a Timed Final basis.
- ENTRY LIMIT:** The meet will be limited to 400 swimmers. Swimmers will be limited to competing in five (5) individual events per day. Swimmers should submit their best short course times this season for seeding.
- ENTRIES:** Please submit entries via e-mail using a format compatible with Hy-Tek's Meet and Team Manager. A Word file of your entries should accompany the Hy-Tek data file for emailed entries. Fees, along with a hard copy of entries should be sent to the meet director prior to the entry deadline. Please waive signature for all deliveries. The entry **deadline will be Wednesday, December 29th, 2010.**

- SEEDING:** With the exception of the 400 IM, 500 Free, and 1650 Free, all events will be pre-seeded. The 400 IM and 500 Free will be swum fastest to slowest. The 1650 Free will be swum fastest to slowest, alternating women and men.
- CHECK-IN:** In order to be seeded into the 400 IM, 500 Free, and 1650 Free, swimmers must check in with the Clerk of Course. Clerk of Course will close for check-in 30 minutes prior to the beginning of each session.
- LATE ENTRIES:** On site late entries will be permitted only if open lanes are available and will be seeded with NT. No additional heats will be created in pre-seeded events. Late entry fees will be double the original entry cost. All swimmers entering late **MUST** show their USA registration card to the Clerk of Course to verify their current USA membership.
- ENTRY FEES** \$4.00 per event
\$15.00 per swimmer facility surcharge
Georgia swimming requires \$2.00 per swimmer surcharge for out of state athletes
- Make checks payable to: Athens Bulldogs**
Entries will not be accepted unless accompanied by fees.
- SCRATCH RULE:** The Georgia Scratch Rule (adopted by the Georgia HOD 4/2001; revised 4/2010) will be in effect (see attached).
- WARM-UP:** The Georgia Swimming, Inc. approved warm-up guidelines will be followed for this meet. Warm-ups information will be posted at the pool and each team will be required to furnish one USA Swimming certified Coach to monitor their warm-up period.
- AWARDS:** No awards will be given, nor will the meet be scored.
- RESULTS:** Results will be posted at the end of each session on the ABSC website (www.athensbulldogs.com).
- COACHES:** All teams should provide a list of all coaches attending this meet by the entry deadline along with their team entries. Coaches must wear their coaches' registration card at all times on the deck. There will be a coaches' meeting held in the hospitality room on Friday, January 7th at 3:45 pm.

OFFICIALS:

Athens Bulldogs (ABSC) welcomes visiting officials and would appreciate help in officiating this meet. Any certified official or apprentice registered with USAS is encouraged to contact the Meet Referee prior to the meet or contact the Meet Referee 60 minutes prior to the session you wish to work. All officials must wear current USA Swimming registration card while on deck and present current Georgia Officials certification card at check-in. Officials without proper credentials will not be allowed on deck. If you wish to work in a specific position, or have additional questions for the officials, please contact the Meet Referee prior to the meet.

LIABILITY RELEASE:

USA Swimming, Inc., Georgia Swimming, Inc., University of Georgia and Athens Bulldogs shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the meet. THE ATTACHED LIABILITY FORM MUST ACCOMPANY EACH TEAM'S ENTRY.

HOST HOTEL:

The Georgia Center for Continuing Education (<http://www.georgiacenter.uga.edu/cch>) is the sponsoring hotel for the meet. The Georgia Center is a five minute drive or an easy ten minute walk from the Ramsey Center. Rates are \$79 per day for rooms with one King/Queen bed; \$89 per day for newly renovated rooms with two three-quarter beds; and \$99 per day for rooms with two double/queen beds. For booking information call: **1-800-884-1381 or 706-542-2134.**

ORDER OF EVENTS

WOMEN	QUALIFYING TIME	EVENT	QUALIFYING TIME	MEN
FRIDAY EVENING				
	Warm-up: 4:00 pm		Warm-up: 4:00 pm	
	Meet start: 5:00 pm		Meet start: 5:00 pm	
1	19:58.89	1650 Free	18:47.99	2
SATURDAY MORNING				
	Warm-up: 7:30 am		Warm-up: 7:30 am	
	Meet start: 8:30 am		Meet start: 8:30 am	
3	1:16.79	100 Breaststroke	1:09.19	4
5	2:12.49	200 Freestyle	2:00.79	6
7	1:07.29	100 Butterfly	1:00.79	8
9	5:14.09	400 IM	4:49.09	10
SATURDAY EVENING				
	Warm-up: 4:00 pm		Warm-up: 4:00 pm	
	Meet start: 5:00 pm		Meet start: 5:00 pm	
11	2:27.29	200 Butterfly	2:14.59	12
13	28.39	50 Freestyle	25.49	14
15	2:45.29	200 Breaststroke	2:30.09	16
17	1:08.09	100 Backstroke	1:01.79	18
	X	500 Freestyle	5:25.29	26
SUNDAY MORNING				
	Warm-up: 9:00 am		Warm-up: 9:00 am	
	Meet start: 10:00 am		Meet start: 10:00 am	
19	2:28.59	200 IM	2:15.69	20
21	1:01.39	100 Freestyle	55.39	22
23	2:26.59	200 Backstroke	2:12.69	24
25	5:49.89	500 Freestyle	X	

***Note:** On Saturday evening, to ensure that there is sufficient time between the end of the Men's 100 Back and the start of the Men's 500 Free, the session will be run in the following order: Men's 200 Fly (12), Women's 200 Fly (11); Men's 50 Free (14), Women's 50 Free (13); Men's 200 Breast (16), Women's 200 Breast (15); Men's 100 Back (18), Women's 100 Back (17); Men's 500 Free (26).

Georgia Swimming

Meet Safety Guidelines and Warm-up Procedures

I. Meet Safety Guidelines

A. Coaches Responsibilities

1. Coaches shall instruct their swimmers regarding swimming safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Coaches shall instruct their swimmers regarding swimming safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
3. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and at all practices.
4. Coaches should maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
5. Coaches should stand near the starting end of the pool when starting swimmers on sprint or pace work.

B. Host Team Responsibilities

1. Marshaling
 - a. A minimum of two marshals who report to and receive instructions from the Meet Referee and/or Meet Director, shall be on deck during the entire warm-up session.
 - b. When ever a sprint lane is open, an additional Marshall must be assigned to that lane's starting block.
 - c. Marshals shall be members of United States Swimming.
 - d. Marshals shall have the authority to move from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines of warm-up procedures.
2. Host teams shall provide signs for each lane at both ends of the pool which indicate the designated use during warm-up.
3. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the meet information:

"Georgia Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet."
4. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
5. Hazards in locker rooms, on deck areas, used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
6. All starting platforms shall be anchored to the deck or bulkhead to remain stable at all times in accordance with United States Swimming rules.

C. Miscellaneous

1. Backstrokers shall insure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. During competition, backstrokers shall enter the water feet first when given permission by the starter to enter the water. The penalty for failure to comply is disqualification.

Georgia Swimming Scratch Rule

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

Georgia LSC Additions (Unless otherwise stated in the final sanctioned Meet Information):

- (1) Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
- (2) In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number individual entries to be accepted for deck-seeded events.
- (3) There is no scratch rule governing relays and there is no penalty regarding relay scratches.
- (4) Qualifiers for all finals heats and the first and second alternates are those as identified the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results been posted shall not be subject to penalty.
- (5) The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
- (6) On the final day of LSC Championship competitions, any swimmer who has checked for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
- (7) A "Positive check-in procedure" shall be used for deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD, April 18, 2010

**ABSC Senior Circuit Meet 2011
Official Entry Summary**

Team Name _____

Official Abbreviation _____ Coach _____

Address _____

City _____ State _____ Zip _____

Phone Numbers (w) _____ (h) _____ (e-mail) _____

Total Individual Entries	_____	X \$4.00 Entry fee	=
Total Swimmers	_____	X \$15.00 Surcharge	=
		X \$2.00 GA Travel Fund (Out of State Swimmers Only)	=
		Total Due	=

Make checks payable to: Athens Bulldog Swim Club

Send Checks and Waivers to:
Athens Bulldog Swim Club
Attention: Rose Ferguson
520 Millstone Circle
Athens, GA 30605

Entries may be e-mailed to
ifoggin@uga.edu

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative verify that all of the swimmers and coached listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming Inc. regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The University of Georgia, Athens Bulldog Swim Club, Georgia Swimming, Inc. and USA Swimming, its agents, employees and coached shall be free from any liability or claim for damages rising by reason of illness or injury to anyone during the conduct of this meet.

Signature/Title

Georgia Center for Continuing Education (HOST HOTEL)**1 mile to Natatorium**

The Georgia Center has 200 newly renovated rooms and suites. Amenities include free wireless internet, flat screen televisions, an on-site fitness center, and four on site dining options, including a café serving Starbucks coffee. The Georgia Center will also provide Sectionals participants free shuttle service to the meet.

**1197 S. Lumpkin Sreet 1-800-884-1381
Athens, GA 30602****Best Western****4 miles to Natatorium**

Located in the Heart of Athens Historic District the Best Western features an elaborate continental breakfast. Each 3-diamond rated guest room is equipped with voice mail, microwave/refrigerator, coffee brewer, iron w/board, and electronic keycard door locks. Directly across from the famous Varsity Restaurant.

**170 N Milledge Avenue(706) 546-7311
Athens, GA 30601****Comfort Inn****7 miles to Natatorium**

The Comfort Inn offers each guest a complimentary continental breakfast and free local calls. Each room is equipped with a microwave, refrigerator, coffee maker, iron and ironing board, and hair dryer. The Comfort Inn also has a fitness center, an outdoor pool and a business center, with a computer available for use by their guests.

**3980 Atlanta Hwy (706) 227-970
Bogart, GA 30622****Courtyard by Mariott****7 miles to Natatorium**

The Courtyard by Mariott was renovated in 1998. It features a restaurant serving hot breakfast, a lounge, and exercise room, and outdoor pool with Jacuzzi, laundry facilities, and a southern style porch with rocking chairs. All rooms include a coffee maker, cable and HBO, computer data ports, electronic key card locks. Located two blocks from downtown.

**166 Finley Street (706) 369-7000
Athens, GA 30601****The Foundry Park Inn****2.5 miles to Natatorium**

Built in a village setting, The Foundry Park Inn is the newest most exclusive Inn and Spa in Athens. It is centrally located in Downtown Athens. Each room is equipped with a High Bed featuring feather down comforter & pillows, hair dryers and spa toiletries, two telephones lines with voice mail to accommodate your data port for internet access, ironing board & iron, coffee maker, AM/FM Clock Radio, Cable TV, and a complimentary weekday newspaper.

**295 East Dougherty(706) 549-7020
Athens, GA 30601****Hampton Inn****3 miles to Natatorium**

The Hampton Inn offers each guest a complimentary expanded continental breakfast and free local calls. Each room is equipped with a coffee maker, iron and ironing board, and hair dryer. The Hampton Inn also has a fitness center and a business center, with a computer available for use by their guests. The outdoor pool is available in the Spring and Summer.

**2220 West Broad (706) 548-9600
Athens, GA 30601****Hilton Garden Inn****5 miles to Natatorium**

The Hilton Garden in downtown Athens has 185 sleeping rooms located in the heart of historic downtown and across the street from the Classic Center., Athens's premier convention and performing arts center. The hotel is located 2 blocks from the UGA Campus with easy access to downtown restaurants, shops, and the world renowned music scene.

**390 East Washington (706) 354-6400
Athens, GA 30603****Holiday Inn****2 miles to Natatorium**

Holiday Inn is Athens' only full service and four diamond hotel with 308 guest rooms and suites. Holiday Inn guests enjoy the comfort of in house restaurant, lounge, meeting rooms for up to 300, exercise facility and indoor pool, sundeck and whirlpool. Deluxe accommodations are available. Across the street from Downtown and UGA Campus.

**197 E Broad Street (706) 549-4433
Athens, GA 30603****Holiday Inn Express****2.5 miles to Natatorium**

As one of Athens' newest hotels it features a deluxe continental breakfast bar, fitness and business center, outdoor pool, great rooms, free local calls, coffee maker, hair dryers, iron, and data ports.

**513 W Broad Street (706) 549-4433
Athens, GA 30603**