



Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

2022 Georgia Age Group State Long Course Championships

July 14th-17th, 2022

HOST:	Dynamo Swim Club - DYNA
SANCTION:	Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: GA22-082 (R3) Time Trial Sanction #: GA22-083/STT
ATTESTATION:	<ul style="list-style-type: none"> ● Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. ● In applying for this sanctioned event, the Dynamo Parent Swim Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.
MAAPP: Minor Athlete Abuse Prevention Policy	<ul style="list-style-type: none"> ● A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”). ● All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. ● All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP. ● As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.
ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE	Times achieved by an athlete member at a sanctioned competition who is 18 years of age (+30-day grace period) who have not completed the Athlete Protection Training OR (whose APT training had expired) by the date of the swim, WILL NOT be uploaded to the SWIMS database.
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and Dynamo Parent Swim Club., shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.
REPORT DISCRIMINATION:	The Georgia LSC believes that there is no place for discrimination in the sport of swimming. If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming’s Associate Counsel & Director of Safe Sport, Abigail Howard (ahoward@usaswimming.org or 719-866-3529). Please provide a complete description of the incident as well as a way to contact you and/or other parties involved. For more information refer to gaswimming.org/diversity
D, E, & I = Reference / Informational Section	Gaswim.org Georgia Swimming LSC: D, E, & I (teamunify.com)
<u>SWIMMER(S) with DISABILITIES:</u>	In meets with time standards, all swimmer(s) with disabilities must meet the lsc-parallel-standards.pdf (usaswimming.org) in every event they wish to participate in the meet. Coaches with swimmer(s) with disabilities competing must notify the Meet Referee prior to the meet. The Meet Referee may elect to have these athlete’s swim the 50’s during the 100 able-body 100 events, 100’s during the 200 events, and 200’s during the 400/500 events, based on entry times.

MEET DIRECTOR:	Sydney Pepper- sydney@dynamoswimclub.com																								
MEET REFEREE:	Ed Saltzman swimsalt@bellsouth.net																								
ADMIN REFEREE:	Eric B. Pingel epingel.usaswimming@gmail.com																								
STARTER:	Martin Chen																								
STROKE AND TURN:	Clarice Wasmuth																								
ADMIN OFFICIAL:	Cheryl Loprinzo – cheryl.loprinzo@comcast.net																								
FACILITY:	<p>Georgia Tech McAuley Aquatic Center 750 Ferst Drive NW Atlanta, GA 30332 404-385-7529</p> <p>This facilities competition pool is a 10 lane, 50 Meter pool with Omega timing and scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The certification is on file with USA Swimming, Inc., and Georgia Swimming, Inc. The pool depth at the start end equals 9 feet and turn end depth equals 9 feet. 8 warm-up lanes will be available.</p>																								
SCHEDULE:	<table border="1"> <thead> <tr> <th>Session</th> <th></th> <th>Warm-up</th> <th>Start</th> </tr> </thead> <tbody> <tr> <td>Thursday</td> <td>11-14 Timed Finals</td> <td>3:00 PM</td> <td>4:00 PM</td> </tr> <tr> <td>Friday, Saturday, Sunday</td> <td>11-14 Prelims</td> <td>7:30 AM</td> <td>9:00 AM</td> </tr> <tr> <td>Friday, Saturday</td> <td>11-14 Finals</td> <td>5:00 PM</td> <td>6:00 PM</td> </tr> <tr> <td>Sunday</td> <td>11-14 Finals</td> <td>4:30 PM</td> <td>5:30 PM</td> </tr> <tr> <td>Friday, Saturday, Sunday</td> <td>10&U Timed Finals, JOS</td> <td>1:00 PM</td> <td>2:00 PM</td> </tr> </tbody> </table>	Session		Warm-up	Start	Thursday	11-14 Timed Finals	3:00 PM	4:00 PM	Friday, Saturday, Sunday	11-14 Prelims	7:30 AM	9:00 AM	Friday, Saturday	11-14 Finals	5:00 PM	6:00 PM	Sunday	11-14 Finals	4:30 PM	5:30 PM	Friday, Saturday, Sunday	10&U Timed Finals, JOS	1:00 PM	2:00 PM
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MEET FORMAT:	<p><u>10 & Under</u> All events will be conducted as timed finals. All 400 Free events will be deck-seeded after positive check-in (see “Check-in”). All heats of all races, except for 50s, will be started at the diving well end of the pool. All heats of all 50s will be started at the scoreboard end of the pool.</p> <p><u>11-14</u> All events will be conducted as prelim/finals, except for the 11-12 200s of stroke (back, breast and fly), and all 400 free, 400IM, and 800/1500 free, which will be contested as timed finals according to procedures described below.</p> <ul style="list-style-type: none"> • 11-12 200 Breast, 200 Back and 200 Fly: will be contested as timed finals. All heats will be contested during prelims, except the fastest heat in each gender, which will swim during finals. The 11-12s of stroke will be seeded after positive check-in (see “Check-in”). • 400 Free: will be deck-seeded after positive check-in; all heats will be contested during prelims, fastest to slowest, except the fastest checked-in heat in each gender/age group, which will be contested during finals. Meet Ref, Manager and GA Age Group Chair reserve the right to swim this event 2 swimmers per lane after a review of entries. • 400 IM: will be deck-seeded after positive check-in; all heats will be contested during prelims, fastest to slowest, except the fastest checked-in heat in each gender/age group, which will be contested during finals. • 800/1500 Free: will be deck-seeded after positive check-in; all heats will be contested during the afternoon ‘session 1’. All heats will be swum in the same course, seeded fastest to slowest and alternating 1 heat of each event (event #1 heat 1, event #2 heat 1, event #3 heat 1, event #4 heat 1, event #1 heat 2, etc.). Heats might be combined at the discretion of the meet referee and meet manager. Meet Ref, Manager 																								

	<p>and GA Age Group Chair reserve the right to swim this event 2 swimmers per lane after a review of entries.</p> <p>It is up to the meet host if Chase Starts will be run during the preliminary sessions, with odd heats starting at the diving well end and even heats starting at the scoreboard end of the pool, except for 50s - all heats of all 50s will start at the scoreboard end of the pool. If chase starts are used all preliminary session events will be seeded fastest to slowest.</p> <p><u>11-12</u> There will be a Consolation Final (B) and a Championship Final (A), to be swam in that order. In the event of a “no show” in the A final after a full B final, alternates will be allowed to swim as exhibition to fill the heat.</p> <p><u>13-14</u> There will be a Bonus Final (C), a Consolation Final (B), and a Championship Final (A), to will be swam in that order (C, B, A) In the event of a “no show” in either the B or A final after a full C final, alternates will be allowed to swim as exhibition to fill the heat. Relays All relays will be conducted as timed final events.</p> <p>ALL RELAYS will be swum during prelim sessions. The 400 Freestyle and 400 Medley Relays will be seeded after positive check-in (see “Check-In).</p> <p><u>11-14 JOs</u> All events marked as “JO Timed Finals” will be swam in the afternoon and will NOT be scored. At the discretion of meet management, JO events might be swum as chase starts. If chase starts are utilized, the odd heats will start in the diving well end and the even heats will start in the scoreboard end, with all 50s starting by the scoreboard end and events will be seeded fast to slow.</p> <p>All JO Events 200 and longer might be limited to the fastest 3 heats per event at the discretion of meet management, if deemed necessary due to timeline.</p>
ENTRY FEES:	<ul style="list-style-type: none"> ● IND EVENT FEE: \$12 ● EVENT -LATE ENTRIES: \$24/event ● RELAYS: \$21/event ● LATE RELAYS: \$42 ● TIME TRIALS: \$24 / EVENT ● FACILITY SURCHARGE: \$21/Swimmer ● GA SWIM TRAVEL SURCHARGE: \$3/Swimmer ● Ga travel surcharge applies to all non-Georgia LSC registered swimmers: \$6/Swimmer
ELIGIBILITY:	<p>OPEN to all USA-registered swimmers and teams. Dynamo Parent Swim Club will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302.</p> <p>Open to all swimmers registered with Georgia Swimming who have achieved the required qualifying time standard for each event entered since April 1, 2020, until July 14, 2022 (see “Qualifying Times”). Swimmers who have achieved the qualifying standard in the 1500, or 800 Free may enter either the 800 or 1500 Free.</p> <p>Swimmers who enter this state championship meet must have achieved a time equal to or faster than the qualifying standard for each event entered since April 1, 2020 until July 14, 2022. The final results for each event will be reviewed by the designated Representative appointed by the LSC Chair to determine each swimmer’s eligibility for this meet. If a swimmer fails to achieve the qualifying standard at this meet and cannot prove that he/she achieved the qualifying standard before the entry deadline, then Georgia Swimming, Inc. will</p>

	<p>invoke a fine of \$50.00 against the team of said swimmer, or against the swimmer if unattached, for each non-qualifying time, <u>INCLUDING ANY BONUS SWIMS* THAT SESSION.</u> The SWIMS database will be the sole source document used to verify proof of time for this meet. Failure to pay as prescribed by Georgia Swimming Rules and Regulations 7.2, Inc. will result in the barring of said team/individual from participating in any meets until such time as the fine is paid in full. Make checks payable to “Georgia Swimming.” Proof of times is not required for relays.</p>
<p>ENTRIES:</p>	<p>11-14 Swimmers may swim a maximum of 3 individual events per day, 10&unders may swim a maximum of 4 events per day. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session.</p> <p>-Bonus swims: Swimmers who have qualified for an event in any preliminary or timed final (10&U) session may swim three bonus events during the meet, in the 50m, 100m or 200m events (400meter and above events cannot be a bonus swim option). Bonus swims can be used on any day. Bonus events count towards the daily event limit and must be designated as such on the entry.</p> <p>Bonus swims must be marked as such on the event file. Failure to do so will result in the automatic removal of a swimmer from the bonus event.</p> <p>-Time Trial events will be included in daily individual event limits. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session.</p>
<p>CHECK IN CLERK of COURSE</p>	<p>In order to be seeded into the deck-seeded events, swimmers must check-in with the Clerk of Course by the times shown below. The Clerk of Course will close for event check-in at the following times:</p> <ul style="list-style-type: none"> • Thursday Afternoon (1500/800 Free): 3:30 PM • Friday morning <ul style="list-style-type: none"> ○ 11-12 200 Back: 7:45AM ○ 400 Free Relays: 7:45AM ○ 11-14 400 IM: 8:30AM • Saturday morning <ul style="list-style-type: none"> ○ 11-12 200 Breast: 7:45AM ○ 400 Medley Relays: 7:45AM • Sunday morning <ul style="list-style-type: none"> ○ 11-12 200 Fly: 7:45AM ○ 11-14 400 Free: 9:00 AM ○ Sunday Afternoon ○ 10&U 400 Free: 2:00pm
<p>ENTRY SUBMISSION:</p>	<p>ENTRY DEADLINE: Date: July 7th, Time: 6:00pm cheryl.loprinzo@comcast.net Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer’s USA Swimming number, first and last name, age, and seeding time for each event entered.</p>
<p>RULES:</p>	<p>Tech Suit Restriction for 12-and-Under Swimmers: 102.8 SWIMWEAR .1 Design https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers</p> <p>F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p> <p><i>1) A Technical Suit is one that has the following components:</i></p> <p><i>a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or</i></p> <p><i>b. Any suit with woven fabric extending past the hips.</i></p> <p>(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)</p> <p>(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)</p>

	<p>This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p> <p>Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> <p>Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On deck registrations will not be permitted during this event.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches’ areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.</p> <p>All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers participating under the provisions of 202.9 or USA Swimming’s “open border” policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.</p>
COACHES:	Coaches will be required to sign in and show their USA Swimming coaches registration card or DECK PASS for verification that all certifications are current.

COACHES MEETING:	Wednesday, July 13th, 2022 via zoom.
OFFICIALS:	<p>Dynamo Parent Swim Club welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 60 minutes prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts (prelims only), skirts or slacks with white socks and shoes. For finals, please wear long pants or skirt. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.</p> <p>Officials or apprentices requesting certain positions may contact the Meet Referee as early as possible prior to the meet. Note that apprenticing as a Starter will not be allowed at this meet.</p> <p>Note: This will be an OQM for N2 advancement or renewal and N3 S&T only. If interested in being evaluated, please complete the Application to work the meet: https://www.eSurveysPro.com/Survey.aspx?id=bf38e4ea-bf58-4765-9f56-3ea242c9515f</p>
MEET COMMITTEE/MEET JURY:	The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary (2022 USA Swimming Rulebook)
AWARDS:	<ul style="list-style-type: none"> • Medals will be awarded in each individual event for places 1st through 3rd, and ribbons 4th through 10th. • Medals will be awarded in each relay event for places 1st through 3rd. • An award will be presented to the most outstanding swimmer (top individual scorer), male and female, in each age group (10&U, 11-12, 13-14). • The three highest scoring teams in each division will receive awards. These awards will be announced following the conclusion of the last finals session of the meet. For this meet, teams will be assigned to one of three divisions based upon the number of registered swimmers on each team as of the day before the 1st day of the meet. The divisions will be: <ul style="list-style-type: none"> • Division I (Extra-Large): 451+ swimmers • Division II (Large): 201-450 swimmers • Division III (Medium): 81-200 swimmers • Division IV (Small): 1-80 swimmers • Any awards not picked up at the conclusion of the meet will be shipped at the request of that team C.O.D. Please remember to pick up your swimmers' awards at the end of the meet to avoid incurring shipping charges.
SCORING:	<ul style="list-style-type: none"> • Events will be scored to 20 places for all Age Groups (10&U, 11-12, 13-14); Relays will score to 20 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event. • Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 • Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2
CONCESSIONS:	There will be concessions available for coaches and officials.
GEORGIA WARM-UP POLICY:	<p>The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.</p> <p>Refer www.gaofficials.org/documents > Sanctions</p>
GEORGIA SCR. RULE:	Refer www.gaofficials.org/documents > Sanctions
MISC. INFORMATION:	<p><u>Zone Selection: Georgia Zone Team (amended 8/26/17)</u></p> <ul style="list-style-type: none"> • Members for the Georgia Zone Team for the 11-12 and 13-14 age groups will be selected at this meet. • To be considered, athletes must electronically submit a Zone Application Form prior to the meet and pay the application fee. The form, and all information, will be made available on the Georgia Swimming website, www.gaswim.org. • The zone team will be selected using the following process:

1. There will be eight (8) swimmers selected for each of the 11-12 girls, 11-12 boys, 13-14 girls and 13-14 boys age groups. There will also be six (6) disabled athletes selected to the team: 3 males and 3 females.

The swimmers who finish the meet in the highest ranking amongst those who have applied for the team in the 100 Free, 100 Back, 100 Breast and 100 Fly for each age group will be selected as automatic qualifiers. In the case of a tie between two or more applicants in finals for the highest spot in one of those events, the automatic spot on the Zone Team will be given to the swimmer who had the fastest time in Prelims. It is possible for multiple 100's to be won by a single individual. In this case, the 2nd place individual is not an automatic qualifier but would earn 2nd place points towards the at-large selection process. After the automatic qualifiers, the remaining spots will be scored to 10th place (11, 9, 8, 7, 6, 5, 4, 3, 2, 1)

The remaining spots for each age group will be determined by individual scoring based on their ranking among the other applicants using the final ranking of those swimmers in the meet. Any swimmer who scratches finals in an event will not be scored in that event. All events will be scored to 10th place amongst the swimmers who have applied for the team. The 6 (six) highest placing swims will be considered for all eligible athletes (other swims will be discarded). In the event of a tie, the highest individual finish in any event shall determine the winner. This process will be repeated until the tie is broken.

Order of Events

Thursday, July 14th, 2022

Session 1: Timed Final

Warm-ups: 3:00PM

Start: 4:00PM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
1	13-14	800 Free		Timed Finals	1
	13-14	1500 Free	2	Timed Finals	
3	11-12	800 Free		Timed Finals	
	11-12	800 Free	4	Timed Finals	

Note 1: events will be deck seeded after positive check-in (see "Check-In"). All heats will be swum in the same course, fastest to slowest, alternating (1 heat of event #1, 1 heat of event #2, 1 heat of event #3, 1 heat of event #4, etc.)

Friday, July 15th, 2022

Session 2: Preliminary Heats

Warm-ups: 7:30AM

Start: 9:00AM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
5	12&U	400 Free Relay	6	Timed Finals	6
7	14&U	400 Free Relay	8	Timed Finals	
*Break- 3 Minute Minimum					
9	11-12	200 Back	10	Timed Finals	2
11	13-14	200 Breast	12	Prelims	
13	11-12	100 Breast	14	Prelims	
15	13-14	100 Fly	16	Prelims	
17	11-12	50 Fly	18	Prelims	
19	13-14	200 Free	20	Prelims	
21	11-12	200 Free	22	Prelims	
*Break- 3 Minute Minimum					
23	13-14	400 IM	24	Timed Finals	4
25	11-12	400 IM	26	Timed Finals	

Session 3: 10&U Timed Finals/JOs Warm-ups: 1:00PM

Start: 2:00PM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
101	10&U	50 Free	102	Timed Finals	
103	11-12	JO 200 Back	104	Timed Finals	
105	13-14	JO 200 Breast	106	Timed Finals	
107	10&U	100 Back	108	Timed Finals	
109	11-12	JO 100 Breast	110	Timed Finals	
111	13-14	JO 100 Fly	112	Timed Finals	
113	10&U	50 Breast	114	Timed Finals	
115	11-12	JO 50 Fly	116	Timed Finals	
117	13-14	JO 200 Free	118	Timed Finals	
119	11-12	JO 200 Free	120	Timed Finals	
*Break- 3 Minute Minimum					
121	10&U	200 Mixed Medley Relay		Timed Finals	

Session 4: Finals

Warm-ups: 5:00PM

Start: 6:00PM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
25	11-12	400 IM	26	Timed Finals (Top Heat)	4
23	13-14	400 IM	24	Timed Finals (Top Heat)	
9	11-12	200 Back	10	Timed Finals (Top Heat)	2
11	13-14	200 Breast	12	Finals	
13	11-12	100 Breast	14	Finals	
15	13-14	100 Fly	16	Finals	
17	11-12	50 Fly	18	Finals	
19	13-14	200 Free	20	Finals	
21	11-12	200 Free	22	Finals	

Saturday, July 16th, 2022

Session 5: Preliminary Heats

Warm-ups: 7:30AM

Start: 9:00AM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
27	12&U	200 Free Relay	28	Timed Final	3
29	14&U	200 Free Relay	30	Timed Final	
*Break- 3 Minute Minimum					
31	11-12	200 Breast	32	Timed Finals	2
33	13-14	200 Fly	34	Prelims	
35	11-12	100 Fly	36	Prelims	
37	13-14	100 Back	38	Prelims	
39	11-12	50 Back	40	Prelims	
41	13-14	200 IM	42	Prelims	
43	11-12	200 IM	44	Prelims	
45	13-14	100 Free	46	Prelims	
47	11-12	100 Free	48	Prelims	
*Break- 3 Minute Minimum					
49	14&U	200 Medley Relay	50	Timed Finals	3
51	12&U	200 Medley Relay	52	Timed Finals	

Session 6: 10&U Timed Finals/JOs

Warm-ups: 1:00PM

Start: 2:00PM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
123	10&U	200 IM	124	Timed Finals	
125	11-12	JO 200 Breast	126	Timed Finals	
127	13-14	JO 200 Fly	128	Timed Finals	
129	10&U	50 Fly	130	Timed Finals	
131	11-12	JO 100 Fly	132	Timed Finals	
133	13-14	JO 100 Back	134	Timed Finals	
135	10&U	100 Breast	136	Timed Finals	
137	11-12	JO 50 Back	138	Timed Finals	
139	10&U	100 Free	140	Timed Finals	
141	11-12	JO 200 IM	142	Timed Finals	
143	13-14	JO 200 IM	144	Timed Finals	
145	11-12	JO 100 Free	146	Timed Finals	
147	13-14	JO 100 Free	148	Timed Finals	
*Break- 3 Minute Minimum					
149	10&U	200 Free Relay	150	Timed Finals	

Session 7: Finals

Warm-ups: 5:00PM

Start: 6:00PM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
31	11-12	200 Breast	32	Timed Finals (Top Heat)	2
33	13-14	200 Fly	34	Finals	
35	11-12	100 Fly	36	Finals	
37	13-14	100 Back	38	Finals	
39	11-12	50 Back	40	Finals	
41	13-14	200 IM	42	Finals	
43	11-12	200 IM	44	Finals	
45	13-14	100 Free	46	Finals	
47	11-12	100 Free	48	Finals	

Sunday, July 17th, 2022

Session 8: Preliminary Heats

Warm-ups: 7:30AM

Start: 9:00AM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
53	12&U	400 Medley Relay	54	Timed Finals	6
55	14&U	400 Medley Relay	56	Timed Finals	
*Break- 3 Minute Minimum					
57	11-12	200 Fly	58	Timed Finals	2
59	13-14	200 Back	60	Prelims	
61	11-12	100 Back	62	Prelims	
63	13-14	100 Breast	64	Prelims	
65	11-12	50 Breast	66	Prelims	
67	13-14	50 Free	68	Prelims	
69	11-12	50 Free	70	Prelims	
*Break- 3 Minute Minimum					
71	13-14	400 Free	72	Timed Finals	4
73	11-12	400 Free	74	Timed Finals	

Session 9: 10&U Timed Finals/Jos

Warm-ups: 1:00PM

Start: 2:00PM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
151	10&U	200 Free	152	Timed Finals	
153	11-12	JO 200 Fly	154	Timed Finals	
155	13-14	JO 200 Back	156	Timed Finals	
157	10&U	50 Back	158	Timed Finals	
159	11-12	JO 100 Back	160	Timed Finals	
161	13-14	JO 100 Breast	162	Timed Finals	
163	11-12	JO 50 Breast	164	Timed Finals	
165	10&U	100 Fly	166	Timed Finals	
167	11-12	JO 50 Free	168	Timed Finals	
169	13-14	JO 50 Free	170	Timed Finals	
*Break- 3 Minute Minimum					
171	10&U	200 Medley Relay	172	Timed Finals	
173	11-14	JO 400 Free	174	Timed Finals	5
175	10&U	400 Free	176	Timed Finals	

Session 10: Finals

Warm-ups: 4:30PM

Start: 5:30PM

<i>Girls Event #</i>	<i>Age</i>	<i>Event</i>	<i>Boys Event #</i>		<i>Notes</i>
73	11-12	400 Free	74	Timed Finals (Top Heat)	4
71	13-14	400 Free	72	Timed Finals (Top Heat)	
57	11-12	200 Fly	58	Timed Finals (Top Heat)	2
59	13-14	200 Back	60	Finals	
61	11-12	100 Back	62	Finals	
63	13-14	100 Breast	64	Finals	
65	11-12	50 Breast	66	Finals	
67	13-14	50 Free	68	Finals	
69	11-12	50 Free	70	Finals	

Note 2: events will be deck seeded after positive check-in (see "Check-In"). All heats will be contested during prelims, except the fastest checked-in heat in each gender, which will be contested during finals.

Note 3: all heats to be contested during prelims.

Note 4: events will be deck seeded after positive check-in (see "Check-In"). All heats will be contested during prelims, except the fastest checked-in heat in each gender for each age group, which will be contested during finals. During Prelims, event will be swum at the end of the session in event order. During Finals, events will be swum at the beginning of the session, 11-12s first then 13-14s.

Note 5: events will be deck seeded after positive check-in (see "Check-In"). Events will swim in regular order, slow to fast.

Note 6: all 400 Relays will be seeded after positive check-in (see "Check-In"). All heats will swim in PRELIMS.

2021-2022 14U State Championships Qualifying Times

GIRLS – SHORT COURSE YARDS			EVENT			BOYS – SHORT COURSE YARDS		
10&U	11-12	13-14	DISTANCE	STROKE	COURSE	13-14	11-12	10&U
33.49	28.59	25.89	50	Free	SCY	24.39	27.79	33.39
1:15.19	1:02.99	56.29	100	Free	SCY	53.89	1:01.89	1:16.09
2:51.19	2:16.99	2:02.39	200	Free	SCY	1:56.99	2:15.89	2:50.39
7:20.99	6:02.99	5:30.49	500	Free	SCY	5:17.89	6:11.49	7:21.99
NA	13:28.89	11:35.99	1000	Free	SCY	11:10.89	12:32.99	NA
NA	22:10.99	19:25.79	1650	Free	SCY	18:50.89	22:11.99	NA
39.49	33.49	NA	50	Back	SCY	NA	32.99	39.89
1:27.09	1:12.99	1:03.49	100	Back	SCY	1:00.79	1:11.99	1:29.29
NA	2:36.89	2:18.39	200	Back	SCY	2:13.99	2:36.99	NA
46.09	38.39	NA	50	Breast	SCY	NA	38.39	47.39
1:41.99	1:23.99	1:14.09	100	Breast	SCY	1:08.89	1:23.09	1:45.19
NA	2:58.99	2:40.39	200	Breast	SCY	2:34.49	3:08.39	NA
39.89	31.59	NA	50	Fly	SCY	NA	31.39	39.79
1:40.79	1:13.99	1:03.19	100	Fly	SCY	1:00.59	1:12.99	1:37.39
NA	2:51.99	2:29.19	200	Fly	SCY	2:19.19	3:04.49	NA
1:27.19	1:12.99	1:05.19	100	IM	SCY	1:01.49	1:11.99	1:27.29
3:16.79	2:31.89	2:19.09	200	IM	SCY	2:13.89	2:32.69	3:20.49
NA	5:35.99	4:59.49	400	IM	SCY	4:47.79	5:43.59	NA

Girls- Long Course Meters						Boys- Long Course Meters		
10&U	11-12	13-14	DISTANCE	STROKE	COURSE	13-14	11-12	10&u
38.29	32.69	29.89	50	Free	LCM	28.69	32.59	38.79
1:27.89	1:11.69	1:04.99	100	Free	LCM	1:02.59	1:11.39	1:27.29
3:16.19	2:35.69	2:20.59	200	Free	LCM	2:15.19	2:36.09	3:17.89
6:28.19	5:33.99	4:59.09	400	Free	LCM	4:56.79	5:39.99	6:28.19
NA	11:52.99	10:24.99	800	Free	LCM	10:08.59	11:21.89	NA
NA	23:12.89	20:01.49	1500	Free	LCM	19:35.99	22:54.59	NA
45.89	38.79	NA	50	Back	LCM	NA	39.59	47.09
1:41.89	1:25.29	1:14.99	100	Back	LCM	1:12.99	1:22.79	1:45.29
NA	3:10.79	2:39.89	200	Back	LCM	2:35.49	3:03.79	NA
53.89	44.29	NA	50	Breast	LCM	NA	44.09	54.89
1:58.49	1:38.89	1:27.99	100	Breast	LCM	1:23.59	1:38.49	2:02.29
NA	3:32.09	3:08.79	200	Breast	LCM	3:01.09	3:35.39	NA
46.99	35.99	NA	50	Fly	LCM	NA	36.99	48.79
2:08.99	1:24.09	1:13.49	100	Fly	LCM	1:10.59	1:25.89	2:08.99
NA	3:30.49	2:50.29	200	Fly	LCM	2:45.59	3:36.39	NA
3:53.19	2:55.69	2:41.89	200	IM	LCM	2:34.59	2:56.69	3:53.19
NA	6:27.49	5:43.09	400	IM	LCM	5:32.79	7:03.99	NA

Relays Qualifying Times

Relays Qualifying Times												
10&U		12&U		14&U			14&U			12&U		10&U
2:48.49		2:23.39		2:13.29	200	Free Relay	LCM	2:05.79		2:22.59		2:46.79
		5:07.99		4:48.59	400	Free Relay	LCM	4:35.59		5:14.99		
3:18.19		2:43.09		2:33.49	200	Medley Relay	LCM	2:36.69		2:46.69		3:19.29
		6:02.29		5:34.99	400	Medley Relay	LCM	5:19.89		6:16.39		

GEORGIA SWIMMING 2022 “JO” QUALIFYING TIMES

GIRLS – SCY JO Cuts						BOYS – SCY JO Cuts	
11-12	13-14	DISTANCE	STROKE	COURSE	13-14	11-12	
30.59	27.49	50	Free	SCY	26.99	30.89	
1:05.39	1:00.29	100	Free	SCY	58.49	1:05.09	
2:24.79	2:06.89	200	Free	SCY	2:04.39	2:23.49	
6:15.39	5:44.99	500	Free	SCY	5:35.69	6:25.19	
35.59	NA	50	Back	SCY	NA	34.29	
1:16.89	1:07.39	100	Back	SCY	1:04.69	1:16.49	
2:49.19	2:25.79	200	Back	SCY	2:24.29	2:45.09	
40.79	NA	50	Breast	SCY	NA	42.49	
1:28.69	1:17.79	100	Breast	SCY	1:16.59	1:31.09	
3:24.29	2:47.89	200	Breast	SCY	2:46.29	3:24.09	
34.29	NA	50	Fly	SCY	NA	34.69	
1:16.69	1:08.29	100	Fly	SCY	1:06.49	1:15.99	
3:04.59	2:36.69	200	Fly	SCY	2:32.29	3:25.29	
1:15.39	1:08.89	100	IM	SCY	1:07.39	1:16.19	
2:37.19	2:28.39	200	IM	SCY	2:25.69	2:38.69	
GIRLS – LCM JO Cuts						BOYS - LCM JO Cuts	
11-12	13-14	DISTANCE	STROKE	COURSE	13-14	11-12	
34.59	31.99	50	Free	LCM	30.99	34.39	
1:14.69	1:07.59	100	Free	LCM	1:07.09	1:13.49	
2:39.29	2:25.39	200	Free	LCM	2:25.69	2:45.59	
5:45.99	5:11.79	400	Free	LCM	5:10.99	5:45.99	
40.49	NA	50	Back	LCM	NA	41.19	
1:27.29	1:18.19	100	Back	LCM	1:15.99	1:29.09	
3:35.79	2:47.89	200	Back	LCM	2:43.99	3:15.19	
46.79	NA	50	Breast	LCM	NA	46.59	
1:45.29	1:30.39	100	Breast	LCM	1:27.79	1:44.09	
3:41.29	3:14.49	200	Breast	LCM	3:10.29	3:41.29	
38.09	NA	50	Fly	LCM	NA	39.49	
1:29.19	1:17.89	100	Fly	LCM	1:15.79	1:32.09	
3:41.69	2:58.39	200	Fly	LCM	2:53.49	3:44.89	
3:05.59	2:49.69	200	IM	LCM	2:46.49	3:01.09	

*All JO events will be swum in the afternoon session in the same day/order as the State Champs

**** Meet management might choose to limit ALL events 200 and up to the fastest 3 heats in each event ****

**2022 Age Group State LCM Championships
July 14th-17th, 2022**

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Phone _____ Home _____ E-mail _____

For entry problems call or e-mail _____

All coaches from your team present at the meet, must be listed

- | | |
|----------------|----------------|
| 1. Coach _____ | 2. Coach _____ |
| 3. Coach _____ | 4. Coach _____ |
| 5. Coach _____ | 6. Coach _____ |

Ind Event Fee	\$12.00 x number of athletes	= _____
Relay Fee	\$21.00 x number of relays	= _____
Facility Surcharge	\$21.00 per athlete	= _____
GA SWIM TRAVEL Surcharge	\$3.00 per athletes	= _____
Surcharge applies to all non-GA LSC registered swimmers	\$6.00 per athlete	= _____
TOTAL		= _____

Submit one check payable to: Dynamo Swim Club

Entries must be received on or before **July 7, 2022.**

Mail entries to: Dynamo Parent Swim Club

Age Group State Meet Entries

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

In granting this sanction it is understood and agreed that USA Swimming, Georgia LCS, and Dynamo Parent Swim Club shall be free and harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title _____ Date _____

COVID 19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement shall also be included in heat sheets